

COOKERY DEMONSTRATION THEATRE**Tuesday 28th July 2026**

10.00am	Jack Stride	Strides New Forest Honey
11.00am	Sutti Se-Upara	Anissa's Thai Kitchen Lyndhurst
12.00pm	Andrew Du Bourg	The Elderflower Restaurant Lymington
1.00pm	Amaresh Nandan	The White Hart Lymington
2.00pm	Andrew Gault	Southampton Hoteliers Chef of the Year
3.00pm	Neal Jepson	New Park Manor Hotel Brockenhurst
4.00pm	Tim Follett Adrian Meli	The White Hart Seasonal Cocktails

Wednesday 29th July 2026

10.00am	Trainers and apprentices representing HIT Training	HIT Hospitality Training
11.00am	Sutti Se-Upara	Anissa's Thai Kitchen Lyndhurst
12.00pm	Colin Nash	Colin Nash at the Retreat Hinton
1.00pm	Neal Jepson	New Park Manor Hotel Brockenhurst
2.00pm	Amaresh Nandan	The White Hart Lymington
3.00pm	Judith Long	Quick and Easy
4.00pm	Tim Follett Adrian Meli	The White Hart Seasonal Cocktails

10.00am	Andrew Gault	Southampton Hoteliers Chef of the Year
11.00am	Sutti Se-Upara	Anissa's Thai Kitchen Lyndhurst
12.00pm	Andy MacKenzie & Phil Yeoman	Exclusive Chefs Academy Lainston House Hotel
1.00pm	Amaresh Nandan	The White Hart Lymington
2.00pm	Callum Jellicoe	The Balmer Lawn Hotel Brockenhurst
3.00pm	Judith Long	Quick and Easy
4.00pm	Tim Follett Adrian Meli	The White Hart Seasonal Cocktails

**Thursday
30th July
2026**

